



Elder Abuse Prevention (ON)  
Stop Abuse - Restore Respect  
Prévention de la maltraitance envers les aînés (ON)  
Arrêtez les mauvais traitements - Restaurez le respect

# CREATING OPPORTUNITIES FOR CHANGE

**Let's discuss...**

- \*Trauma Informed Care for Seniors
- \*Access to Justice
- \*Art to Spark Social Change

REGIONAL  
KNOWLEDGE  
EXCHANGE DAY  
EASTERN REGION

**MARCH 11, 2020**

**9:00 AM TO 3:00 PM**

**PERLEY RIDEAU VETERAN'S HEALTH  
CENTRE, LUPTON HALL**

1750 RUSSELL RD,  
OTTAWA, ON K1G 5Z6



For more information,  
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**FREE EVENT!!!**  
**BUT REGISTER TODAY**  
SPACES ARE LIMITED!

**[REGISTER: CLICK HERE](#)**



# CREATING OPPORTUNITIES FOR CHANGE - SPEAKERS

*EASTERN Regional Knowledge Exchange Day  
March 11, 2020 Ottawa*

## SHIFTING THE CONVERSATION - SHARING STORIES & SUCCESSSES TO CREATE CHANGE

Elder Abuse Networks and service providers will have an opportunity to share experiences from their daily practice, shifting the conversation to motivate change whether locally, regionally or provincially, as we continue to respond to elder abuse in our communities.

## TRAUMA AND VIOLENCE INFORMED CARE FOR SENIORS: A GAME CHANGER

**Susan Macphail, Trauma and Violence Informed Educator and Consultant**

Understanding the impacts of trauma and violence across a lifespan is essential for the health and well being of Seniors. In this Knowledge Exchange we will learn how a Trauma and Violence Informed Care (TVIC) approach can help us to:

- Recognize various forms of trauma and violence including discrimination
- Provide better support to seniors and those who care for them
- Consider the intersection of gender and culture
- Reduce harm from Compassion Fatigue and Vicarious Trauma
- Increase safety and equity using strength and resiliency based tools and strategies

## OLDER PERSONS IN THE JUSTICE AND MENTAL HEALTH SYSTEMS

**Christine Conrad, Policy Analyst (Justice Lead), Canadian Mental Health Association, Ontario Division**

For the first time ever, there are more Canadians aged 65 and older than Canadians below age 15. All areas of the justice system are encountering the older adult population daily and with increasing frequency. Many of these cases pertain to age-related conditions like dementia, mental health conditions, and/or substance use. The traditional justice system is not designed to meet the needs of this vulnerable population.

The Provincial HSJCC has created a navigational guidebook for older adults and adults with age-related conditions who interact with the justice system. The **Older Adults and the Justice System: A Navigational Guidebook for Caregivers and Service Providers** explores housing options, consent and capacity, substitute decision-making, and promotes best practices in policing, courts, forensic mental health and correctional settings. Resources for specific services are highlighted throughout the guide.

The presentation will provide an overview of the challenges that persons, with age-related illnesses, encounter within the justice and civil mental health systems. Participants will learn about the legal needs of this population and be an overview of resources and supports available, including the Guidebook.